

At Authentix we believe that when you look good you feel good and when you feel good you look good! Which is why we have combined the two. We offer expert waxing and lash/brow treatments to keep you looking good, and infrared sauna, colonics and various health related products to keep you feeling great.

#### **OUR SERVICES**

We offer a range of beauty services including full body waxing (specialising in men's and women's Brazilians) lash and eyebrow tinting, henna brows, lash lifting, brow lamination, eyelash extensions, infrared sauna, and Canberra's first closed system colon hydrotherapy service. We use and sell a range of organic and natural products including 5 point detox, Vida Glow, probiotic foods and Footsies. Gift vouchers are available.

## **INFRARED SAUNA**

Unlike a traditional sauna, infrared sauna's don't heat the air around you. Instead, they use infrared lamps to warm your body directly from the core. Far infrared waves penetrate into your body to activate the sweat glands. The sweat glands offer one of only a few mechanisms that the body has to eliminate toxins and since the skin is the largest organ in the human body it is one of the best means for elimination of toxins.

An infrared sauna session promotes:

Better sleep

Relaxation

Detoxification

Improving the lymphatic systems toxin elimination pathways

Weight loss

Relief from sore muscles

Relief from joint pain such as arthritis

Clear and tighter skin

Treatment of LYME disease

#### **Treatment prices**

Beginner - 30 mins	\$45
(recommended if you have not had a sauna before	)
Intermediate - 40-45 mins	\$65
(If you have had saunas before)	
Experienced - 45-60 mins	\$75
(If you have regular saunas)	
Treatment packages	
Beginner - 3 treatments (Save \$20)	\$105
Intermediate - 3 treatments (Save \$30)	\$155
Experienced - 3 treatments (Save \$40)	\$175



#### **COLON HYDROTHERAPY**

Colon hydrotherapy is the introduction of warm filtered water into the colon, effectively removing waste material. This results in a healthy digestive environment, encouraging the growth of healthy bacteria.

Generally our digestive systems are overworked and sluggish due to overeating, medications, fast foods, processed and GM foods, toxins, alcohol consumption and, stress. This contributes to poor digestion which can result in excessive gas, bloating, constipation or diarrhoea.

Colon hydrotherapy cleanses your colon, detoxes the body and reduces digestive discomfort, it also helps minimize the chances of bowel cancer forming.

It can assist in a range of issues including constipation, bloating, flatulence, depression/anxiety, poor skin health, infertility, weight management, low immune systems, disturbed sleep, IBS/Crohns and concentration problems.

## **Treatment prices**

Colonic Treatment/ First treatment	\$160
Colonic Treatment/ Subsequent treatments	\$140
Course of 3 Treatments - 3 mth expiry	\$400
Course of 6 treatment - 6 mth expiry	\$800
Course of 10 treatment - 10 mth expiry	\$1250
Coffee enema add-on	\$50
Probiotic implant add-on	\$60

Add a sauna package to your colon hydrotherapy treatment plan for more savings!









### **WAXING**

Womens		Mens:	
Eye-brow design	\$40	Chest	\$65
Lip	\$25	Neck and Sides	\$50
Chin	\$25	Back	\$65
Underarm	\$35	Back and Shoulders	\$103
Bikini	\$50	Chest and Stomach	\$90
G-String	\$65	½ Leg	\$65
Brazilian	\$85	Full Leg	\$90
½ Arm	\$45	Brazilian	\$100
Arm	\$60	Arms	\$65
½ Leg	\$55	Full leg & Speedo Line	\$110
Full leg	\$85	Full Body	\$305
Upper half leg	\$60	Ear	\$30

# **Waxing Packages**

\$50
\$65
\$80
\$90
\$120
\$100
\$110
\$140
\$135
\$65

### **EYES**

Eyelash Extension
-------------------

Full Set	\$160
Re-touch (within 3 weeks of full set)	\$10!
Tinting And Eyes	
Eye-Brow Design	\$40
Eyebrow Re- Design	\$50
Eyelash Tint	\$40
Eyebrow Tint	\$3!
Eye-Brow Tint and Design	\$53
Lash + Brow tint + Eyebrow Design	\$70
Eye-Lash Lift	\$8!
Eye-Lash Lift and Tint	\$104
Henna brow tint (inc. brow wax/tidy)	\$8!
Brow lamination (inc. brow wax/tidy)	\$104

## **PRODUCTS WE USE AND SELL**

Vida Glow – Marine collagen for hair, skin and nails

Himalayan Salt

Pre and pro-biotic blended superfood supplements and sleep herbs

5 Point herbal detox

Footsies – Foot detox pads

Goddess Blend, cold pressed juices - a juice cleanse gives your digestive system a break from having to digest foods while still having all your nutritional needs met





Mon 10am-5pm Tues 10am-5pm Wed 10am-5pm Thurs 10am-8pm Fri 10am-5pm Saturday 9am-2pm

6257 1886

Suite 103A, 27 Lonsdale St Braddon ACT 2612 info@authentix.com.au www.authentix.com.au

LOOK GOOD, FEEL GREAT FROM THE INSIDE OUT

